

Tuesday 2nd December 2025

The Solent Schools – Young Carers Group Registration of Interest

Dear Parent / Carer

I am emailing you today with further information relating to the Young Carers Group that we run at the Solent Schools.

The aim of our Young Carers Group is to provide support for our pupils who look after someone at home with any long-term illness or disability (including mental health conditions). This could be a sibling, parent/carer, or any family member. The young people may provide additional support around the home or be emotionally affected; perhaps through worrying about the person they care for. In addition, they may miss out on things that other young people experience. The Young Carers Group at Solent provides a safe environment for our young people to have fun, meet other young carers and have a chance to be children and play.

The group meets up on a regular basis and takes part in activities within school such as computing, art and games. On occasions we run extended sessions during which we take the children out on the school minibus to take part in other activities locally.

We have already built a bank of families who have been part of this group previously, or who expressed an interest following an item in a newsletter last academic year. We will be contacting these families directly to check whether they still wish to be included. We are very aware that it is likely that there are a still a number of our Young Carers who remain unidentified. If you feel that your child may be a Young Carer, and you would like to register your interest in them joining this group, please [click here](#) or scan the QR code below to complete a quick registration form. We will then be back in contact with further details.

Yours sincerely



L Wilby

Executive Headteacher

The Solent Schools

